

**FOND DU LAC OJIBWE SCHOOL
SUICIDE AND SELF-INJURY POLICY AND PROCEDURE**

The Fond du Lac Ojibwe School recognizes that depression and self-destruction through suicide or self-injury are problems among children and adolescents that in turn affect their educational pursuits. The Fond du Lac Ojibwe School has developed the following intervention policy and procedure in working with the Fond du Lac Ojibwe School Crisis Management Team: (referred to as Crisis Team)

Step 1:

IDENTIFY - RECOGNITION

If Student Displays Some Warning Or At-Risk Signs:

- Suicidal talk or talk of cutting/hurting or inflicting other self-injury methods - previous and current attempts/thoughts.
- Displays at risk behavior patterns - drug or alcohol abuse.
- Indicates signs of depression - sad, anxious, or describes they feel empty/non-caring, sleeping patterns change, loss of appetite or weight change or other at-risk behavior displays.
- Gives away their special possessions.
- Begins to make arrangements on their unfinished business.

Step 2:RESPOND - ASSESS

If Staff Member Is Dealing With Student Who Displays Suicidal Tendencies or Self-Injury:

- Do not leave the student alone.
- Calmly assess the situation with the student to determine if any danger, immediate or otherwise, is present that would harm the student or the surrounding environment.
- If danger is present due to a weapon, calmly asked student for the weapon; if student refuses, continue talking calmly with student and try to divert student into area where another adult or a telephone is present. Call the School Resource Officer first, then the Administrator on duty.
- Inquire whether the student will accompany the staff member to a non-threatening area and meet with person(s)/member(s) of the Crisis Team: Suicide Prevention Liaison, School Resource Officer, School Nurse, Principal, Assistant Principal, Mental Health Counselor, Guidance Counselor, School Psychologist, Administrator on duty).
- If student refuses to accompany staff member, staff member should remain with student continuing to display calmness while talking to the student being nonjudgmental in talking with student until someone comes.
- Crisis Team member will assess student by asking questions about being currently suicidal, develop a plan, and provide access to a plan.

Step 3: ASSESS PROCEDURE TO TAKE

Extreme Risk Procedure:

- Contact the Suicide Prevention Liaison and/or School Resource Officer.
- Continue to calmly engage the student in conversation reassuring the student's well-being until help arrives.
- If the student has been receptive to the staff member who has been working with the student, the staff member may choose to remain in aiding the Suicide Prevention Liaison and/or School Resource Officer if advised by either Crisis Team person.
- 911 is called if assessed by a Crisis Team member to be an extreme risk to self. Fond du Lac Law Enforcement assess student and decide appropriate action. Assessment administered by a medical provider. Transported by law enforcement, parents or guardian.
- A Crisis Team member involved in the situation should notify the student's parent and/or guardian of the situation and action taken.

Moderate Risk Procedure:

- Assess and determine the reason(s) for the student's display of distress/actions.
- The Crisis Team member will contact the parents and/or guardian giving the facts of student's behavior, and request they come to the school immediately.
- The Crisis Team member can assist the parents in contacting agency or resource available to help.

Step 4: FOLLOW-UP

- The Crisis Team member(s) dealing with the situation complete the Suicide - Self Injury Report Form and report then filed with the Suicide Prevention Liaison (form found with any of the Crisis Team Members).
- Crisis Team member does follow-up with arrangements that have been made in assisting the student's overall physical and emotional well-being.
- Crisis Team member will continue to monitor the student for a period of time to assure student's well-being.
- Crisis Team member(s) will monitor if there may be any copycat suicide or other self-injury incidents occurring.

Fond du lac Ojibwe Crisis Management Team Members

- Principal: 878-7284
- Assistant Principal: 878-7289
- Suicide Prevention Liaison: 878-7256
- School Resource Officer: 878-7245
- Guidance Counselor: 878-7254
- School Nurse: 878-7244
- Student Mentor: 878-7243
- Attendance Advocate: 878-7213

Emergency Contacts and Resources

- Local 911
- Text4Life: Text “MN” to 741741
- Birch Tree: (218) 623-1800
- Cloquet Human Development Center (HDC): (218) 879-4559
- Min-no-aya-win: (218) 879-1227
- CAIR: (218) 726-1370
- National Suicide Prevention Lifeline: (800) 273-8255

SUICIDE AND SELF-INJURY REPORT FORM

Student's Name: _____

Date: _____

Name of Person Making Initial Report: _____

Name/Position of Person(s) Handling Case: _____

Student Interviewed by: _____

Comments: (please describe whether situation was suicidal declared and/or self-injury was present such as cutting, ingesting pills, or other.) Be as factual as you can:

Person Contacted: _____

Relationship to Student: _____

Staff Member Contacting Person: _____

Follow-up Contacts: (Agencies-Organizations): _____

*This form is not to be filed in the student's educational file. It should be filed with designated Crisis Team member.